

Check the meals below according to the number of days you will be out. Menu choices apply to the **entire party**. Meals may be repeated (note exceptions). Trips leave after breakfast on the first day and return before dinner on the last day, so these meals should be omitted. (i.e., 5 night/6 day trip would have 5 breakfasts & dinners and 6 lunches marked.) *Please note with our dinners you are able to customize your vegetable and desserts with the codes provided. * **If the Food Menu Form isn't completely filled out and returned to us within 14 days of your trip, we will make it up for you.**

GROUP NAME: _____

IN GROUP: _____

DATES OF TRIP: _____

BREAKFASTS

- | | |
|--|---|
| <input type="checkbox"/> 1. Fresh Eggs, (1st morning) English muffin, bacon, beverage | <input type="checkbox"/> 2. Rocky Mt. Egg Scramble, beverage |
| <input type="checkbox"/> 3. Scrambled eggs, hot caramel bread, beverage | <input type="checkbox"/> 4. Buttermilk Pancakes, sausage, syrup, beverage |
| <input type="checkbox"/> 5. Granola Cereal & Fruit with milk, breakfast bar, beverage | <input type="checkbox"/> 6. Oatmeal, toast & jelly, beverage |

◆ Quick, No cooking ■ Quick, Hot breakfast

LUNCHES

- | | |
|---|---|
| <input type="checkbox"/> 1. Summer Sausage & Cheese wrap, cookies, fruit drink | <input type="checkbox"/> 2. Hummus on Pilot bread, granola bar, fruit drink |
| <input type="checkbox"/> 3. Peanut Butter & Jelly Sandwich, trail mix fruit drink | <input type="checkbox"/> 4. "Quick Trail Lunch" Trail bar, trail mix, beef jerky, fruit drink |
| <input type="checkbox"/> 5. Macaroni & Cheese, bread & butter, cookies, fruit drink | <input type="checkbox"/> 6. Chili Beef jerky, fruit snacks, fruit drink |

◆ HOT LUNCH

DINNERS

(Make sure to fill in your code choice for your Vegetable & Dessert!)

- | | | |
|--|--|--|
| <input type="checkbox"/> 1. 1st Night Only (Circle one) Choice Steaks or Chicken Breast Fillets, potatoes, beverage, VEGETABLE: _____ DESSERT: _____ | <input type="checkbox"/> 4. Fresh Fish Dinner (your catch), hash browns, beverage, VEGETABLE: _____ DESSERT: _____ | <input type="checkbox"/> 7. Lasagna & Italian Sauce, bread & butter, beverage, VEGETABLE: _____ DESSERT: _____ |
| <input type="checkbox"/> 2. 1st or 2nd Night Only Polish sausage, mashed potatoes, beverage, VEGETABLE: _____ DESSERT: _____ | <input type="checkbox"/> 5. Spaghetti & Sauce, bread & butter, beverage, VEGETABLE: _____ DESSERT: _____ | <input type="checkbox"/> 8. Chicken w/Rice, bread & butter, beverage, VEGETABLE: _____ DESSERT: _____ |
| <input type="checkbox"/> 3. Beef Stroganoff beverage, VEGETABLE: _____ DESSERT: _____ | <input type="checkbox"/> 6. Beef, Potatoes & Gravy beverage, VEGETABLE: _____ DESSERT: _____ | <input type="checkbox"/> 9. Santa Fe Rice & Beans w/Chicken beverage, VEGETABLE: _____ DESSERT: _____ |

Customized Dinner Codes

Dessert Codes: 1= Chocolate Pie, 2= Apple Crisp, 3= Blueberry Peach Crisp, 4= Lemon Pie, 5= Vanilla Pudding, 0= None Desired

Vegetable Codes: C= Corn, GB= Green Beans, P= Peas, 0= None Desired

★ REMEMBER, THE MORE EXTRA ITEMS YOU CHOOSE TO TAKE ALONG, THE **HEAVIER** YOUR FOOD PACK BECOMES. ★

BEVERAGES: Please indicate how many people would like which beverage at breakfast & dinner. **Fruit drinks are packed for all lunches.** Please check if you prefer to have "sugar" (heavier in wt.) _____ or Nutrasweet (lighter in wt.) _____ for your fruit drinks.

Breakfast: Tang _____ Hot Chocolate _____ Hot Cider _____ Tea Bags _____

Reg. Coffee _____ Decaf Coffee _____

Dinner: Fruit Drinks _____ Hot Chocolate _____ Hot Cider _____ Tea Bags _____

Reg. Coffee _____ Decaf Coffee _____

BREADS: Please check preference.

White _____ Wheat _____

EXTRA OPTIONS: Please check the items that you wish us to pack.

Aluminum foil _____ Artificial Sweetener _____ Creamer _____ Cup-a-Soup _____

Fresh Onions _____ Honey _____ Sugar _____ Ketchup _____

Lemon Juice _____ Marshmallows _____ Mustard _____ Jelly _____

Miracle Whip _____ Tartar Sauce _____ Extra Fish Breading & Oil _____

STAPLES: These items are always packed. Please *cross-off* those items that are not desired.

- | | | | | | |
|--------------|--------------|-------------------|-----------------|----------------|---------------------|
| ◆ Crackers | ◆ Dish towel | ◆ Extra beverages | ◆ Firestarter | ◆ Extra Snacks | ◆ Liquid & bar soap |
| ◆ Margarine | ◆ Matches | ◆ Paper Towels | ◆ Salt & Pepper | ◆ SOS Pads | ◆ Toilet tissue |
| ◆ Trash Bags | | | | | |

* Please advise us of any special dietary needs and we will do our best to accommodate them. Vegetarian meals are available upon request.